

7. Sports and history

Q. 1 (A) Complete the sentences by choosing the correct option.

(1) The ancient event of Olympic competitions used to be held at.....

(a) Olympia, Greece

- (b) Rome
- (c) India
- (d) China

(2) The wooden dolls made in Maharashtra are known as.....

(a) Thaki

- (b) Kali Chandika
- (c) Gangavathi
- (d) Champavati

(B) Identify the wrong pair in the following, correct it and rewrite.

- (1) Mallakhamb Outdoor game based on physical skills
- (2) Water polo - Water sports
- (3) Skating - Adventurous ice sport
- (4) Chess - Outdoor game

Ans. Wrong pair: Chess - Outdoor game

Corrected pair: Chess - Indoor game.

Q.2 Write notes:

Toys and Festivals:

Ans. (1) Toys and festivals are inter-related since ancient times.

(2) Toys are used for decoration in different cultures and religions during festivals. In some cultures toys are distributed as gifts. Santa Claus gifts children toys during Christmas.

(3) As part of Diwali celebration in Maharashtra, model forts are made displaying images of Chhatrapati Shivaji Maharaj, his soldiers and animals which are toys.

(4) Clay images of snakes and bullocks are sold during festivals like Bail pola and Nagpanchami.

(2) Sports and Movies:

Ans. (1) The presence of sports was limited to a scene in the movies made earlier.

(2) In recent times, biographical movies are made on sportspersons and on sports. Movies like Lagaan and Dangal are made related to cricket and wrestling respectively.

(3) Biographical movies are made on Mary Kom, and the Phogat sisters.

(4) Movies are made on careers of famous sprinter Milkha Singh, Bharat Ratna Sachin Tendulkar and Cricketer Mahendra Singh Dhoni.

Overall, movies and sports are related from the silent era till date.

3. Explain the following sentences with with reasons.



(1) Currently the structure of sports economy has significantly changed.

Ans. (1) The process of globalisation has influenced the field of sports in the 20th-21st century.

(2) International matches of various sports like Cricket, Football, etc. are telecast in every corner of the world.

(3) Fans watch these matches for entertainment, and aspiring players to learn more. The citizens of the non-participating countries also watch these matches.

(4) Retired players get a chance on television channels as commentators. Matches garner a large audience, hence the commercial companies look at it as an opportunity to advertise and sell their products.

All these factors have led to change in the structure of sports economy.

(2) Toys can tell us about cultural history.

Ans. (1) A tradition of making different type of toys for entertainment is going on since ancient time.

(2) Toys give us an idea about the cultural and religious development of that period.

(3) Clay models of forts and the images of Chhatrapati Shivaji Maharaj placed on fort gives us an idea about the structures of forts during that period.

(4) An ivory doll found at Pompeii, an ancient city in Italy, sheds light on Indo-Roman trade and cultural relations.

(5) The mention of games, toys and flying and dancing dolls in Kathasaritsagara give us an idea about cultural history of toys.

In this way, we come to know about cultural history from toys.

4. Answer the following questions in 25-30 words:

1. Explain the importance of sports.

Ans. Sports has gained great importance for the following reasons:

(1) Sports helps us to overcome our pains, worries and sufferings.

(2) We feel relaxed and refreshed by playing games.

(3) Games which involve a lot of physical activity not only provide good exercise but also help in building a tenacious and strong body.

(4) One can develop courage, determination and sportsmanship playing games. A sense of cooperation and team spirit develops when we participate in games which require collective participation.

(5) Team games also help in developing a leadership quality.

(2) How are professional opportunities available in field of sports?

Ans. There are many professional opportunities available in the field of sports.

(1) Writers are in demand who can write on sports and critics who write reviews are in demand.

(2) Commentators are in demand on Television, radio and various other private channels. Experts and assistants are needed to provide information regularly.

(3) Coaches train the players, playground staff to maintain the field, umpires, etc.

(4) Camera Man, computer expert and team of assistants to have uninterrupted transmission.



Trained and qualified referees are required to work at district, national and international levels. Overall, a great number of job opportunities are available in the field of sports.

Q.5 Write detailed answer to the following questions.

(1) Write about the history of sports literature and toys in ancient India.

Ans. A new enterprise is developing in publishing related to sports in India. There is extensive written work on various sports.

(1) Many books related to sports and biographies are published. Encyclopedias are being written on sports.

(2) An independent encyclopaedia is written on exercise. The History of Mallakhamb is recently published

(3) Sports magazines are published fortnightly and monthly. Many newspapers have allotted a separate section or last pages for news related to sports.

(4) 'Shatkar' was a sports magazine published some years ago.

There is ample of literature available on sports.

(2) Explain the close ties between sports and history.

Ans. Sports and history are closely related with each other.

(1) It is a must for a sports writer to know the history of the game he chooses to write on.

(2) In order to write a review on any sport competition, the critic should have knowledge of competitions held in the past.

(3) A comparative study of the skills, techniques and strategies used in the past and developments or improvements in the present makes the review comprehensive.

(4) The writer has to resort to history while writing columns or articles on sports events like Olympics or Asiad or any national or international matches.

(5) An expert commentator needs to have good knowledge of the history of the game, previous records of illustrious and eminent players, statistical analysis and historical anecdotes related to the game and players.

(6) Coaches, special expert, selection committee should have knowledge of the history of all players. They should not only have all the information about strength and weaknesses of their players but also players of the opposing team.

In short, it is essential to know the history of all the factors related to sports.

3) Explain the Distinguish between Indoor and Outdoor Games.

Indoor games	Outdoor games
1. Most of the indoor games are played by sitting at one place. They are played in a closed environment.	1. Outdoor games are played on a field.
2. Indoor games require skills but physical exercise is negligible.	2. Outdoor games need more physical exercise and skill.
3. As there is no exertion in indoor games, so it is not essential to develop stamina.	3. Outdoor games require stamina and strength
4. Indoor games do not involve adventure.	4. Outdoor games involve adventures at



	times. e.g., Auto Racing
5. Indoor games includes Chess, Indian Ludo (Playing house) Bhatukli and many more.	5. Outdoor games involve national and international games like Kabaddi, Kho-kho, Hockey. Cricket etc.
6. With the exception of chess and carrom no competitions are held for rest of the indoor games.	6. National and international competitions are held of almost all outdoor games.